

Therapy with Harry

"Not Asian Enough" Club

Let's Embrace Our Beautifully Complex Identity



**You
Deserve
Support**

In this blog, I talk about:

- The story of a flea infestation, displacement, and finding community
- Why it can be so hard to ask for help
- A reminder that you deserve compassion!

[Read the full blog here ----->](#)

As always, thanks for tuning in!



Take care, and keep being you!
Harry, Therapist for Asians

"I help Asians go from feeling trapped to becoming self-liberated."

P.S. - Don't forget to read the full article! You can use this link: <https://www.harryautherapy.com...>

Finding this content helpful? Take the next step in changing your life. Book a Discovery Call to see how a liberated life can look for you.

[Book Discovery Call](#)

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HarryAuTherapy.com



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