

Therapy with Harry

"Not Asian Enough" Club

Let's Embrace Our Beautifully Complex Identity



What I Learned Fighting My Work Bully

In this blog, I talk about:

- The story of my work bully, and how we went to war
- What I learned about power, when fighting my work bully
- Why we willingly give up our power to others
- Why social justice theories don't help us, when we feel powerless

[Read the full blog here ---->](#)

As always, thanks for tuning in!



Take care, and keep being you!
Harry, Therapist for Asians

"I help Asians go from feeling trapped to becoming self-liberated."

P.S. - Don't forget to read the full article! You can use this link: <https://www.harryaetherapy.com/post/are-we-powerless>

Finding this content helpful? Take the next step in changing your life. Book a Discovery Call to see how a liberated life can look for you.

Book Discovery Call

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