

Therapy with Harry

"Not Asian Enough" Club

Let's Embrace Our Beautifully Complex Identity



Books I Read And Quit In 2022

In this blog, I talk about:

- How university broke my will to read
- Why I quit some books, skip entire sections, and take long breaks from some books
- My 2022 list of books and manga, and my favourite picks of the year

[Read the full blog here ---->](#)

As always, thanks for tuning in!



Take care, and keep being you!
Harry, Therapist for Asians

"I help Asians go from feeling trapped to becoming self-liberated."

P.S. - Don't forget to read the full article! You can use this link:
<https://www.harryautherapy.com...>

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